

UNIT 1



by the Fruit of the Spirit

ADVANCED



ADVANCED
Student Book

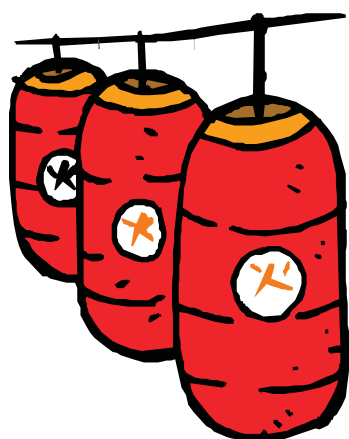
TO BECOME CHAMPIONS...

...you and I must learn to live by the Fruit of the Spirit, and fight against our sin on a daily basis.

This is no easy workout, and will require time, sweat, training, and effort.

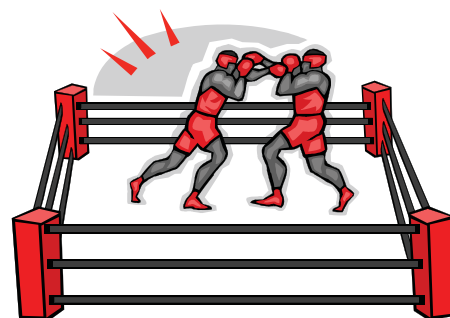


HOWEVER, TO BE A WINNER, YOU WILL NEED A COACH.

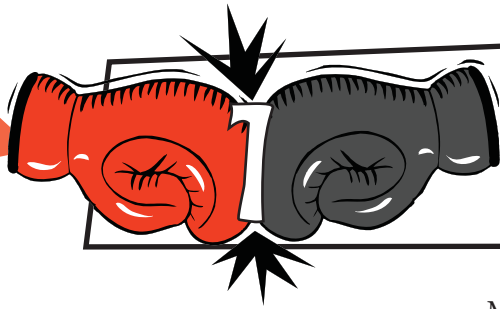


Come to this class each week for your workout and training and listen to your coach. Learn the memory verse, hear the Bible story, and get help with how to knockout the sin that wars within your heart.

Then during the week, get into the ring as you put into practice each lesson in your real life. Each time you do the homework assignment titled "In the Ring," you are throwing a great punch at sin!

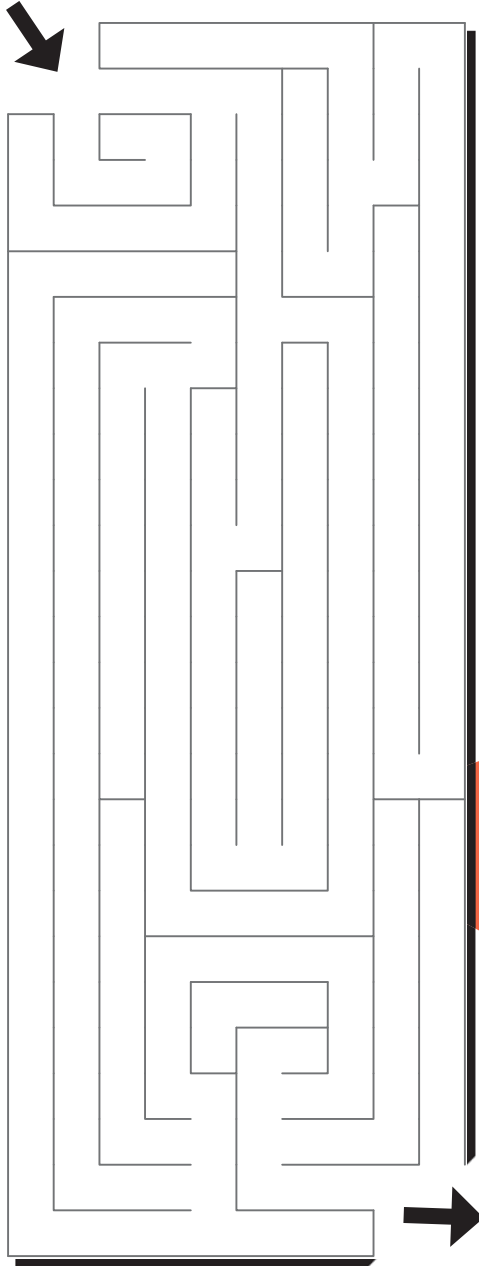


KEEP UP THE FIGHT, AND YOU CAN WIN COMPETITIONS AND BECOME A CHAMPION!



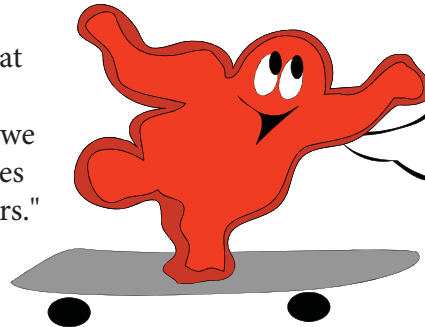
LOVE VS SELFISHNESS

Bible Story: Jesus Dies on the Cross
Matthew 27:27-56



Memory Verse:

"This is how we know what love is: Jesus Christ laid down his life for us. And we ought to lay down our lives for our brothers and sisters."
1 John 3:16



Look!
I can do
this on
only one
blob!
Your
turn!

X	C	V	B	N	M	A	J	E	S	U	S
S	D	M	F	R	I	E	N	D	L	Y	I
V	S	E	L	F	I	S	H	N	E	S	S
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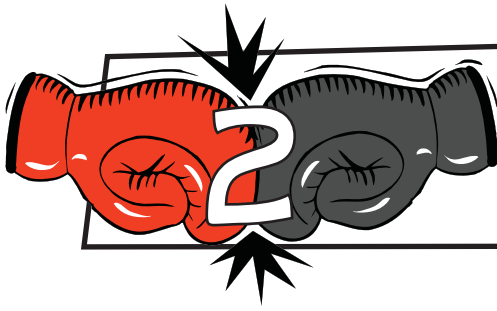
LOVE
SELFISHNESS
FRIENDLY
ENEMY
BROTHERS
SISTERS
ACTIONS
VISIBLE
FRUIT
WORRY
LEARN
BECOME
MEMORIZE
SPIRIT
JESUS

1. How can I become a more spiritual person?
2. How can such a big God be a best friend to me?
3. Do I really have to put others first?



IN THE RING

Play a game that your friends suggest, play at the time they want (if you have permission) and play it for as long as they want. Do not mention to them what you desire to play. This time, your desires do not matter, because you are showing real LOVE with no thought for yourself.



LOVE VS JUDGEMENTAL ATTITUDE

Bible Story: Speck of Dust and Plank
Matthew 7:1-5

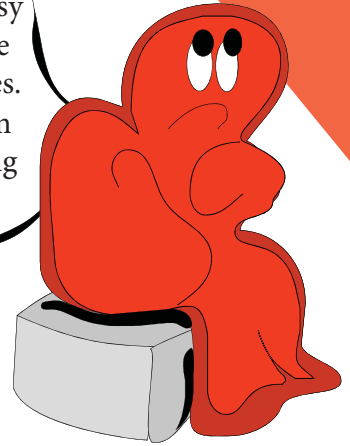
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T	U	E	I	O	P	S	A	S	K	G	T
Y	F	A	U	L	T	E	A	L	I	V	E
J	E	S	U	S	H	W	R	O	N	G	N
Z	J	U	D	G	E	J	K	V	G	L	T
X	P	R	O	B	L	E	M	E	K	L	I
C	T	E	A	C	H	I	N	G	E	R	O
V	B	N	M	A	S	D	F	G	H	J	N

1. How many second chances should I give?

2. What does it mean to be a hypocrite?

3. When is it okay to judge others?

It's not easy to forgive sometimes. But I'm working on it.



MEMORY
VERSE
JUDGE
OTHER
MEASURE

MOCKING
LOVE
INTENTION
PROBLEM
TEACHING

WRONG
FAULT
REASON
JESUS
ALIVE



Memory Verse:

"Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you." Matthew 7:1-2



IN THE RING

Tell someone "Good job" and compliment them for something good that you see. Bring a small pocket mirror around with you all day. When you are tempted to judge someone, take out the pocket mirror and look at yourself. Remind yourself that you do not need to help others fix their faults today.



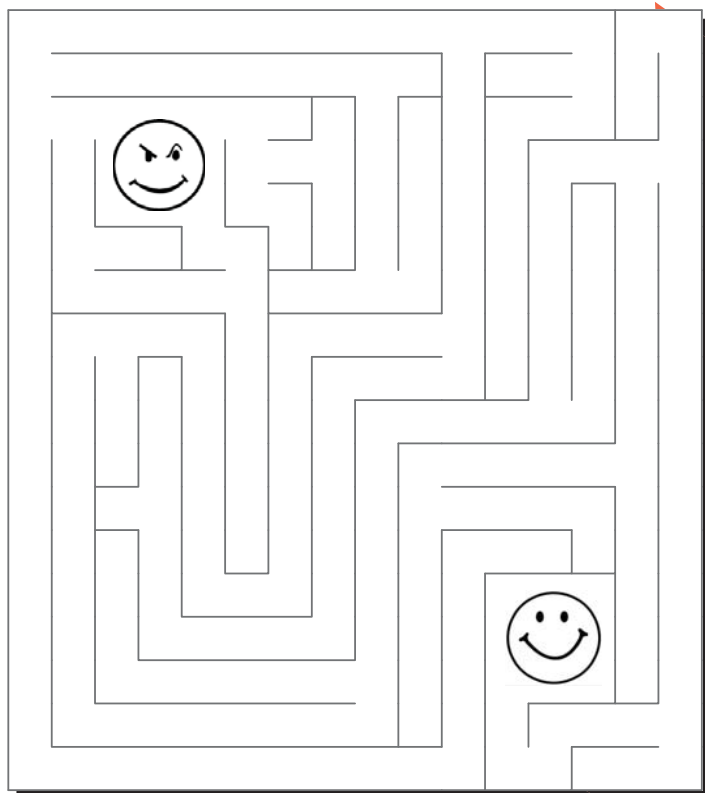
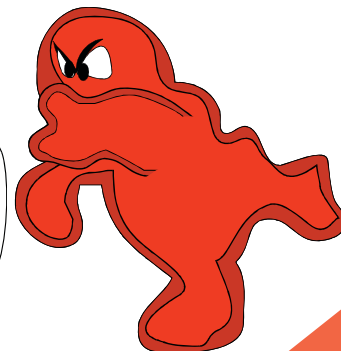
LOVE VS HATRED

Bible Story: Judas Betrays Jesus
Matthew 26:14-16

Memory Verse:

"Whoever claims to love God yet hates a brother or sister is a liar. For whoever does not love their brother and sister, whom they have seen, cannot love God, whom they have not seen." 1 John 4:20

I get so mad at other people sometimes, I just take off running!



LOVE
ANGER
BROTHER
SISTER
AGREE

LIKE
FASTENER
EMBARRASS
MISTOOK
JEALOUS

JESUS
FORGET
BETRAY
LEADERS
MONEY

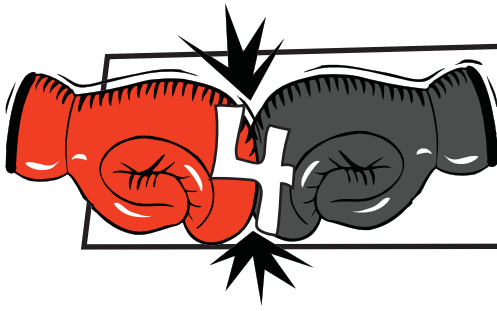
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I	E	U	R	U	S	H	A	R	R
Z	R	F	A	S	T	E	N	E	R
X	S	C	Y	F	O	R	G	E	T
V	B	N	M	M	O	N	E	Y	R
T	Y	U	L	I	K	E	R	Q	W

1. What happens when you use the word "hate"?
2. Is hell real? Will people really go there?
3. What makes you not want to be friends with someone?



IN THE RING

Do something nice for someone you dislike. Hold your tongue when you see someone else cheating or about to mess up. Do not tell on them or get them in trouble.



LOVE VS SELF-JUSTIFICATION

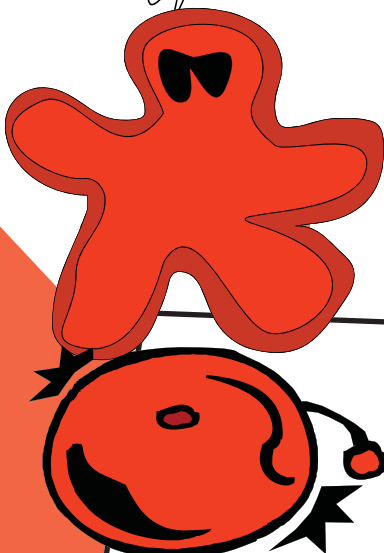
Bible Story: Parable of the Good Samaritan
Luke 10:25-37

LOVE
SCENE
SPIRIT
STRENGTH
HEART
FEARS
FORGIVE
NEIGHBOR
YOURSELF
BIBLE
SAMARITAN
ROBBERS
RELIGION
PASTORS
EXPERTS
JUSTIFY

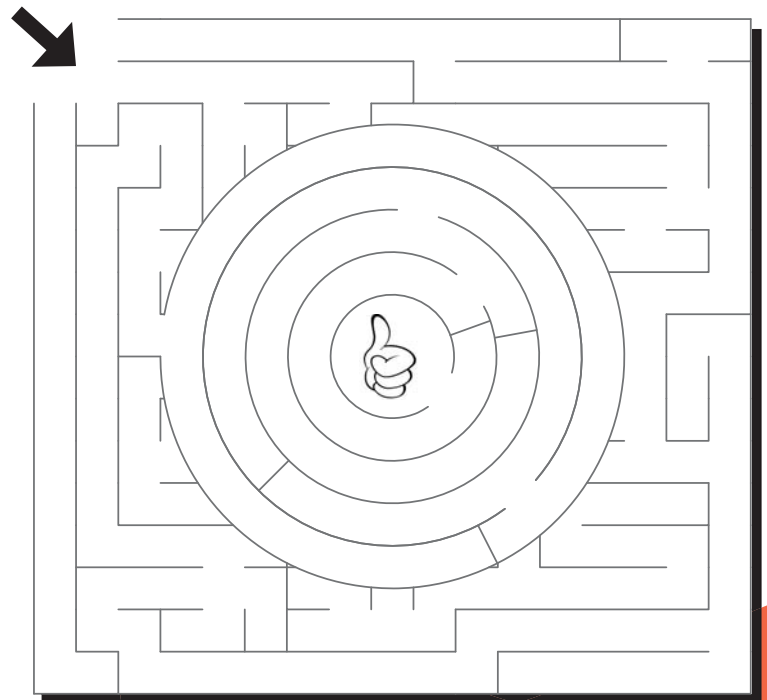
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U	J	N	E	I	G	H	B	O	R	K	L	A	S	D	F	C
S	P	I	R	I	T	G	H	B	J	K	L	B	I	B	L	E
T	Z	X	C	V	B	N	M	B	R	E	L	I	G	I	O	N
I	Q	W	Y	O	U	R	S	E	L	F	O	R	G	I	V	E
F	E	A	R	S	A	M	A	R	I	T	A	N	R	T	E	Y
Y	E	P	A	S	T	O	R	S	T	R	E	N	G	T	H	U

Memory Verse:
“Love the Lord
your God with
all your heart
and with all
your soul and
with all your
strength and
with all your
mind”; and,
‘Love your
neighbor as
yourself.”
Luke 10:27

I'm just a little amoeba.
It's not my fault I
didn't do it right!

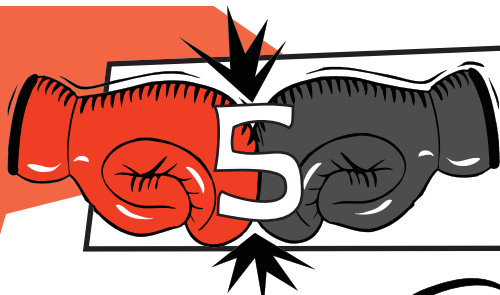


1. What if someone needs something from me?
2. Will the end really come?
3. What are your normal excuses for not stopping to help?



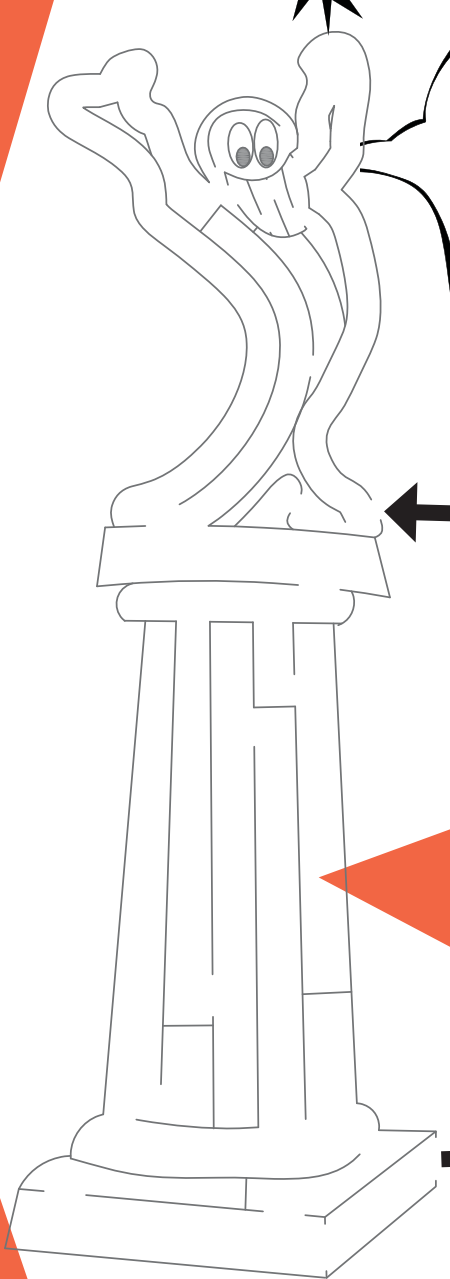
IN THE RING

Stop to help someone in need this week, ignoring all the excuses you may have for not doing it. Do something special for someone who is not in your level of society.



LOVE VS SPIRITUAL VANITY

Bible Story: David Chosen as King
1 Samuel 16:1-13



I got up here all by myself. But it's lonely and not much fun.

LOVE
PATIENT
EAGERNESS
ENVOUS
BOAST
PROUD
DISHONOR
SELFSEEKING
ANGERED
RECORD
WRONGS
DELIGHT
OTHERS
REJOICES
TRUTH

1. What is wrong with being the best?
2. What can spiritual vanity look like?
3. Does God like to use strong people or weak people?

E	A	G	E	R	N	E	S	S	P	Z	X	C
N	V	B	N	E	A	N	G	E	R	E	D	M
V	A	S	D	C	J	K	W	R	O	N	G	S
I	F	G	H	O	L	W	E	E	U	I	O	P
O	T	H	E	R	S	R	T	J	D	T	Y	U
U	Z	B	X	D	I	S	H	O	N	O	R	L
S	L	O	V	E	D	E	L	I	G	H	T	H
C	P	A	T	I	E	N	T	C	J	K	L	W
V	B	S	E	L	F	S	E	E	K	I	N	G
M	N	T	R	U	T	H	A	S	S	D	F	G

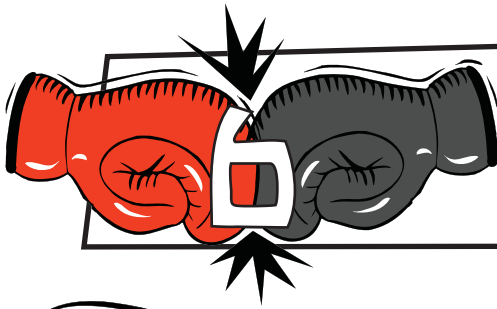
Memory Verse:

"Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres."

1 Corinthians 13:4-7

IN THE RING

Ask God if there is a spiritual practice you should stop, as you move your focus onto LOVE. Do more actions this week to show love: do not boast, do what is best for others and not yourself, and do not hold people accountable for the wrongs they do.



JOY VS JEALOUSY

Bible Story: Religious Leaders are Jealous
Acts 5:12-33



Memory Verse:

"You are still worldly. For since there is jealousy and quarreling among you, are you not worldly? Are you not acting like mere humans?"

1 Corinthians 3:3

J	E	S	U	S	Z	C	X	C	V
B	J	P	N	W	O	R	L	D	A
M	E	I	A	O	S	Y	D	T	C
P	A	R	E	N	T	S	F	A	T
L	L	I	K	D	J	T	G	L	I
Q	O	T	H	E	R	A	H	E	N
Q	U	A	R	R	E	L	I	N	G
W	S	E	R	F	I	G	H	T	S
T	Y	C	H	U	R	C	H	S	I
Y	A	B	I	L	I	T	Y	Y	U

WORLD
JEALOUSY
QUARRELING
ACTING
CRYSTAL
OTHER
FIGHTS
WONDERFUL
PARENTS
TALENTS
ABILITY
CHURCH
SPIRIT
JESUS

1. Would Jesus fit in with my friends?
2. What if being a Christian makes me unpopular?
3. What actions are common to jealous people?



IN THE RING

Thank God for the spiritual gifts, physical appearance, possessions, and family that you have. Ask God to give you joy and contentment for what you have. Choose someone you may have been jealous of in the past, and give them a small gift. (Do not tell them of your past jealousy.)

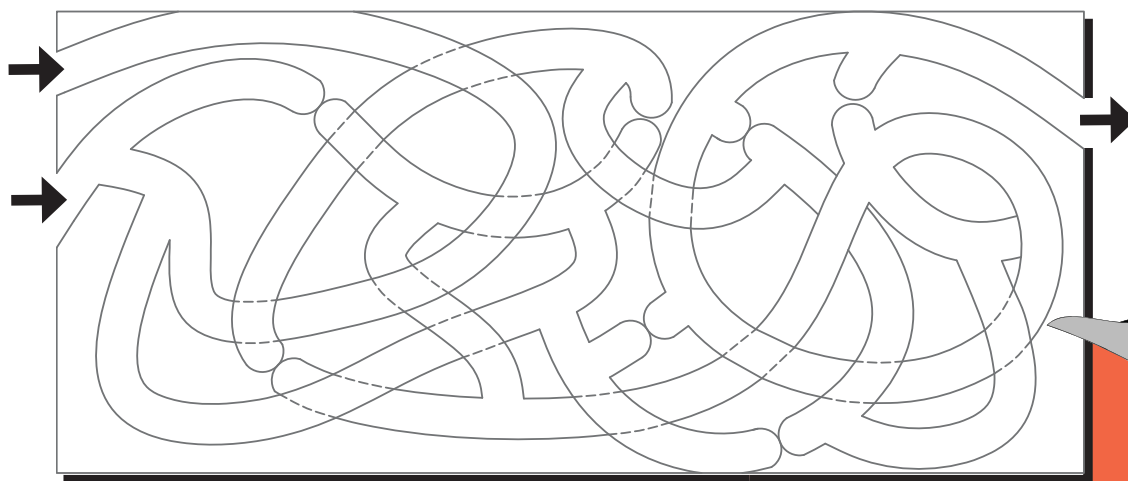


JOY VS GREED

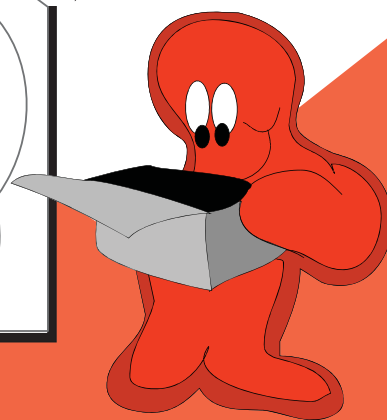
Bible Story: The Rich Young Man
Matthew 19:16-30

Memory Verse:

“Watch out! Be on your guard against all kinds of greed; life does not consist in an abundance of possessions.” Luke 12:15



I wish there was more stuff in my box.



1. Is it ok if I am not caught?
2. What does it mean to try to serve God and money?
3. What is wrong with taking something from someone if they do not need it as much as I do?

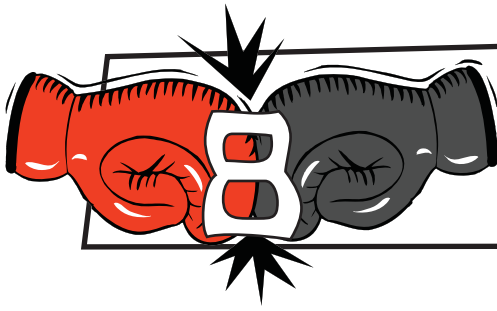
WATCH
REGARDS
KINDS
GREEDY
CONSIST
ABUNDANCE
POSSESSIONS
MEMORY
MONEY
LOTTERY
STEALS
LOVES
APPEAR
SERVES

A	L	O	V	E	S	Z	X	C	C	V	M	E	M	O	R	Y
P	O	S	S	E	S	S	I	O	N	S	O	B	N	M	E	A
P	T	T	E	K	A	B	U	N	D	A	N	C	E	D	G	S
E	T	E	R	L	Q	W	E	S	G	R	E	E	D	Y	A	D
A	E	A	V	R	T	Y	U	I	I	O	Y	P	Z	X	R	F
R	R	L	E	K	I	N	D	S	C	V	B	N	M	A	D	G
S	Y	S	S	D	F	W	A	T	C	H	G	H	J	J	S	H



IN THE RING

Give some of your own personal money to God in the offering plate at church, not knowing to whom it will go. Use some of your money to serve someone else. If you do not have any money, take a possession you have and give it away.



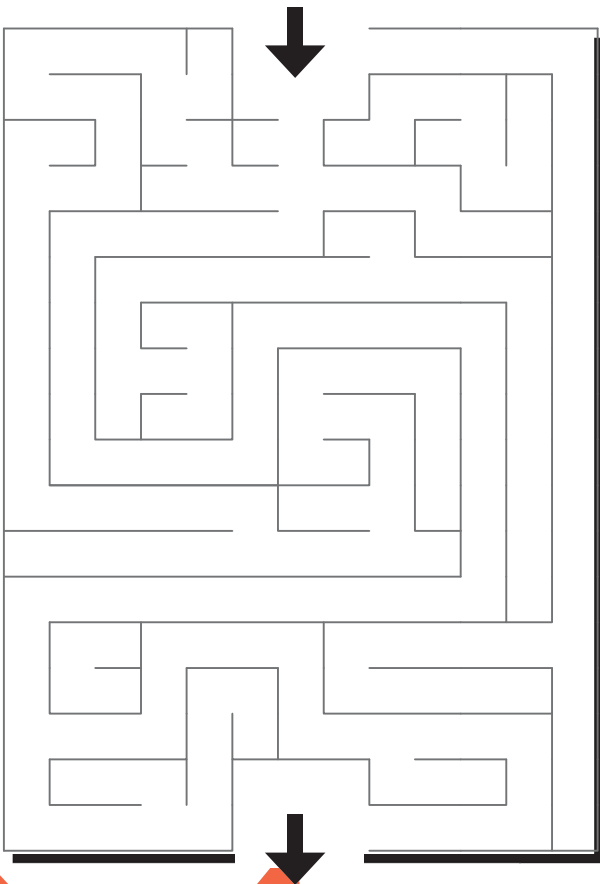
JOY VS SELF-PITY

Bible Story: Jonah and the Worm
Jonah 4:1-10

Memory Verse:

"For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal." 2 Corinthians 4:17-18

Z	T	E	M	P	O	R	A	R	Y	X	J
A	R	G	U	M	E	N	T	M	C	V	O
C	O	M	P	A	S	S	I	O	N	B	N
H	U	A	U	W	D	E	L	M	N	N	A
I	B	S	N	O	U	T	W	E	I	G	H
E	L	G	C	R	F	E	H	N	N	L	L
V	E	H	L	M	D	R	A	T	E	O	K
E	S	J	E	A	S	N	L	A	V	R	J
R	L	K	A	A	S	A	E	R	A	Y	H
S	P	I	R	I	T	L	D	Y	H	F	G



1. What is the bigger picture?

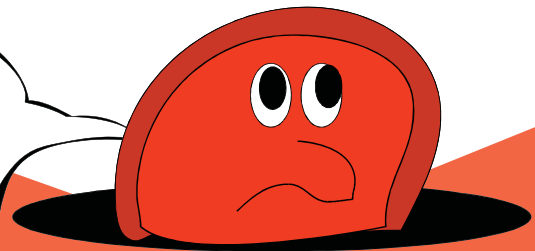
ARGUMENT
MOMENTARY
TROUBLES
ACHIEVERS
ETERNAL
GLORY
OUTWEIGH

2. What do people do who are feeling sorry for themselves?

UNCLEAR
TEMPORARY
SPIRIT
NINEVAH
JONAH
WHALE
WORM
COMPASSION

3. Why do so many people boss me around?

Why does he get all the luck and I have to stay in this hole?



IN THE RING

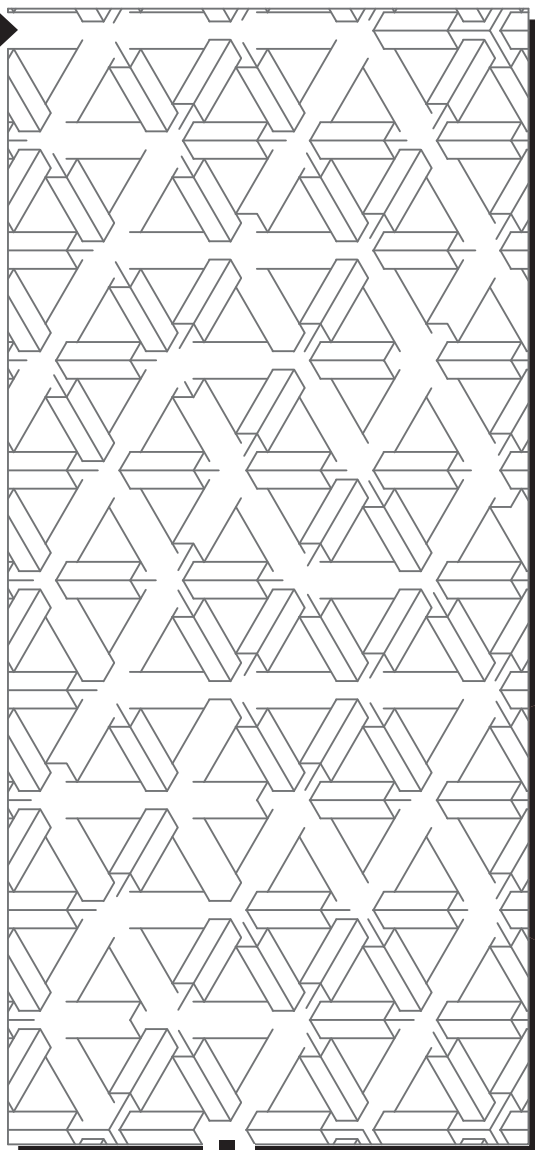
Help at a homeless shelter, or a ministry that feeds the poor. Alternatively, visit the sick in a hospital. Pray and ask God to open your eyes to the bigger picture, and help you take your eyes off yourself.



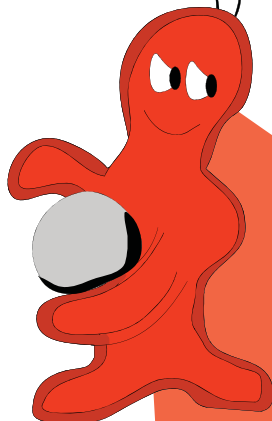
JOY VS UNGRATEFULNESS

Bible Story: Jesus Heals 10 Lepers
Luke 17:11-19

Memory Verse:
"Enter his gates with
thanksgiving and his
courts with praise;
give thanks to him and
praise his name."
Psalm 100:4



I'm grateful I have
this neat rock!



C	W	H	A	P	P	Y	Z	X	H
O	O	C	V	R	B	N	M	A	O
U	N	G	R	A	T	E	F	U	L
R	D	R	E	I	S	D	F	G	Y
T	E	A	S	S	P	I	R	I	T
H	R	T	P	E	H	J	E	J	K
A	E	E	E	O	P	G	N	E	L
N	D	F	C	O	V	E	T	S	Q
K	E	U	T	Y	U	I	E	U	W
S	R	L	T	D	O	O	R	S	E

1. What things
can we do to
show that we are
grateful?

2. What is so
great about
heaven?

3. How can we be
thankful when
life is so bad

ENTER
DOORS
THANKS
COURT
PRAISE
UNGRATEFUL
GRATEFUL

SPIRIT
COVETS
RESPECT
HAPPY
WONDERED
JESUS
HOLY



IN THE RING

Thank your parents (or someone else) for something they give you every day. Choose something to go without for a while, as a reminder that you may not always have it.



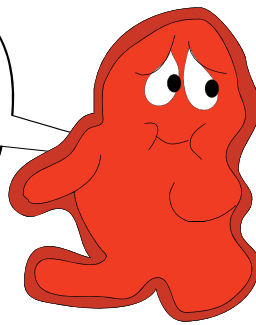
PEACE VS WORRY

Bible Story: Elijah Fed by Ravens
1 Kings 17:1-6

1. Is there anything God cannot do?
2. Why does God let bad things happen?
3. What about when God feels far away?

Memory Verse:
"But seek first his
kingdom and his
righteousness,
and all these
things will be
given to you as
well."
Matthew 6:33

How can I do
well in school?
I can't even
hold a pencil!



A	S	D	F	G	H	J	K	L	Q	W	E	R	T	Y	J	O
O	P	K	I	N	G	D	O	M	W	J	P	E	A	C	E	Z
P	I	I	R	I	G	H	T	E	O	U	S	N	E	S	S	X
T	R	U	S	T	W	E	R	T	R	K	T	H	J	E	U	C
Z	I	U	T	Y	G	I	V	E	R	V	A	L	U	E	S	V
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C	V	B	I	M	P	O	R	T	A	N	T	D	F	G	H	N

SEEK	PEACE
FIRST	WORRY
KINGDOM	START
RIGHTEOUSNESS	VALUES
IMPORTANT	TRUST
THINGS	JESUS
GIVER	SPIRIT



IN THE RING

Share something you have with someone else, even if it means you will have to go without. Either food, clothing, bus fare, or something else that costs you money. Ask God to meet your needs.



PEACE VS FEAR

Bible Story: Peter Walks on Water
Matthew 14:22-33

1. What impossible thing is God asking you to do this week?
2. What about when my parents are unfair?
3. What things make you afraid?

Walking on water is cool. I can't even swim!

A	G	I	V	I	N	G	C	D
S	O	M	T	I	A	O	H	F
D	S	P	R	U	C	D	R	G
F	M	O	U	N	T	A	I	N
G	A	S	L	F	I	Y	S	O
H	L	S	Y	A	O	A	T	T
J	L	I	V	I	N	G	I	H
K	W	B	O	T	H	R	A	I
L	E	L	R	H	T	E	N	N
Q	J	E	S	U	S	E	S	G

TRULY
FAITH
SMALL
LIVING
MOUNTAIN

NOTHING
IMPOSSIBLE
CHRISTIANS
GIVING
BOTH

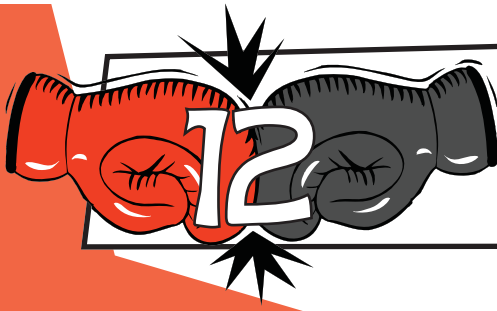
AGREE
ACTION
GOD
JESUS

"Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you."

Memory Verse:
Matthew 17:20-21

IN THE RING

Choose something that feels impossible to do, and set aside your fear. Ask Jesus to help you do it. Then start taking steps into it. (It is a success for you to start, even if you sink as Peter did. The task is to choose something that feels impossible and try it.)



PEACE VS DISCORD

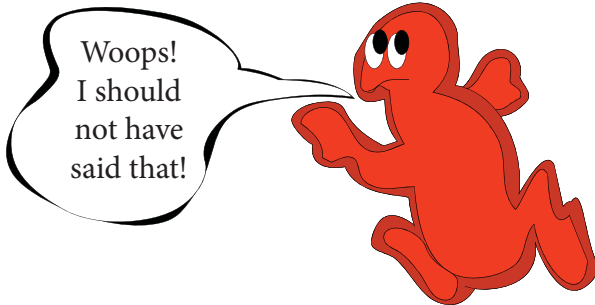
Bible Story: Turn the Other Cheek
Matthew 5:38-42

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P	R	E	A	C	H	F	A	G	P	O	S	S	I	B	L	E
I	N	S	T	R	U	C	T	I	O	N	S	Q	S	W	E	R
R	E	U	K	Q	R	H	T	D	I	F	F	I	C	U	L	T
I	R	S	E	W	C	J	E	E	V	E	R	Y	O	N	E	T
T	T	D	O	T	H	E	R	Z	X	C	V	B	R	N	M	A
U	Y	I	R	O	M	A	N	D	E	P	E	N	D	S	D	S

POSSIBLE
DEPENDS
OTHER
PREACH
EVERYONE
ROMAN
PATTERN
INSTRUCTIONS

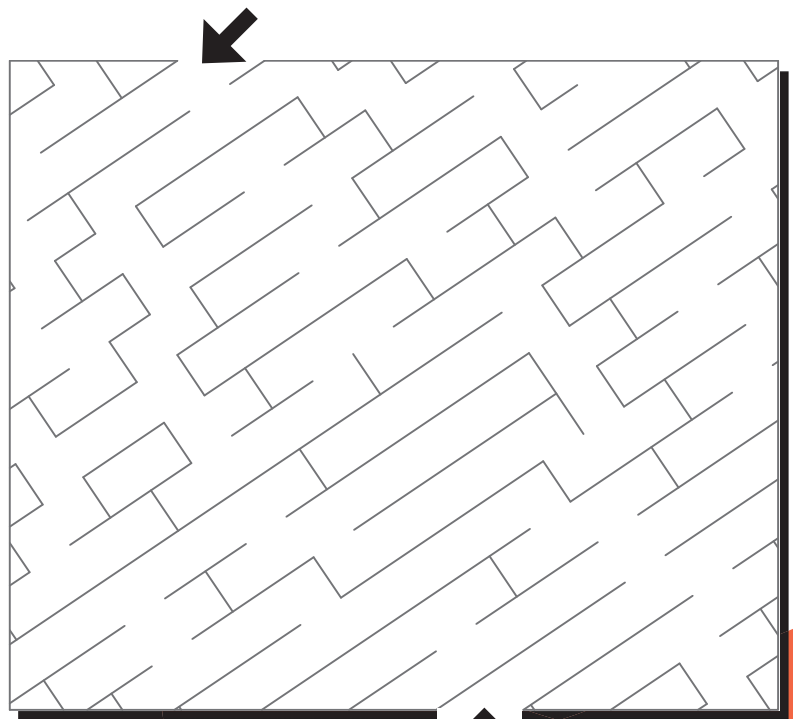
DISCORD
CHURCH
DIFFICULT
AVOID
JESUS
SPIRIT

1. Do we have to be friends with everyone?
2. Can Christians go to court?
3. Do Christians get into fights?



Memory Verse:

"If it is possible, as far as it depends on you, live at peace with everyone." Romans 12:18



IN THE RING

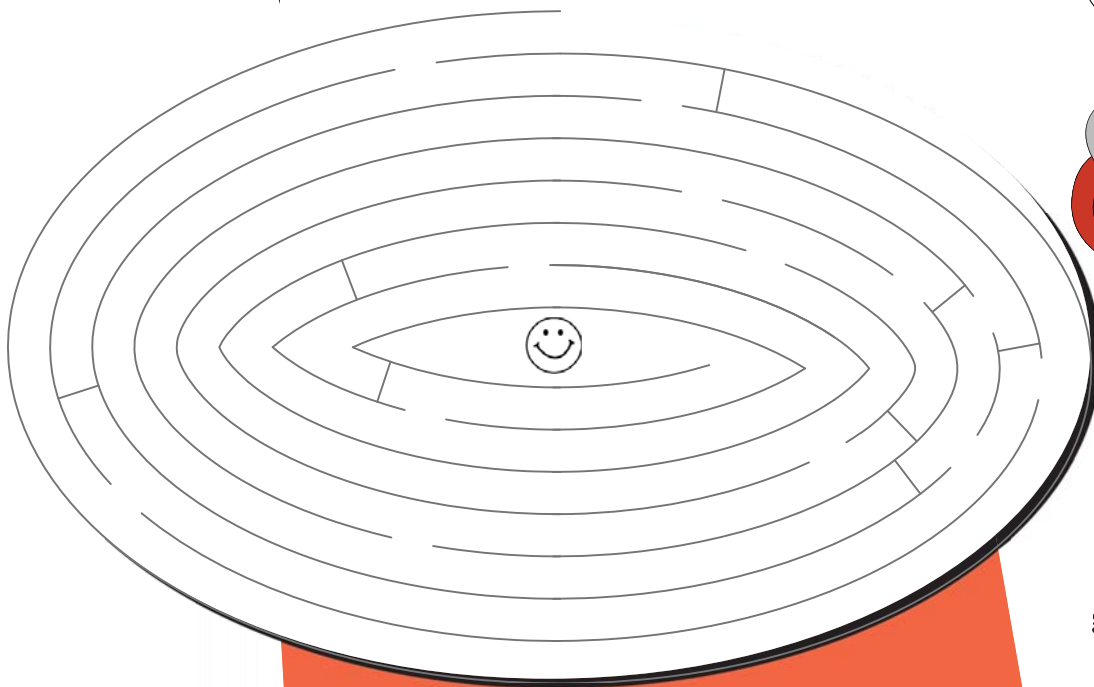
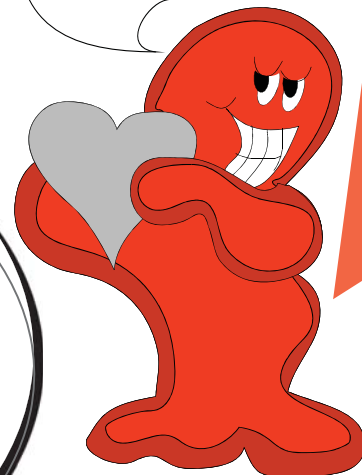
Allow yourself to be wronged once this week. (It will most likely happen on its own.) Your assignment is to do nothing.



PEACE VS SELF-TRUST

Bible Story: Jesus Feeds the 5000
Luke 9:10-17

I am awesome!
I bet I can handle
this on my own.



Memory Verse:

"But he said to me, 'My
grace is sufficient for you,
for my power is made
perfect in weakness.'
Therefore I will boast all
the more gladly about
my weaknesses, so that
Christ's power may rest on
me." 2 Corinthians 12:9

B	A	F	P	P	E	R	F	E	C	T	T	Y	U	I	J	O
R	S	G	E	O	P	P	O	R	T	U	N	I	T	I	E	S
A	D	H	A	W	E	A	K	N	E	S	S	B	O	A	S	T
G	R	A	C	E	S	U	F	F	I	C	I	E	N	T	U	P
S	J	K	E	R	L	L	Q	W	E	R	C	H	R	I	S	T

GRACE
SUFFICIENT
POWER

PERFECT
WEAKNESS
BRAGS

BOAST
PAUL
CHRIST

PEACE
OPPORTUNITIES
JESUS

1. Have you seen a
miracle?

2. How can God be
everywhere?

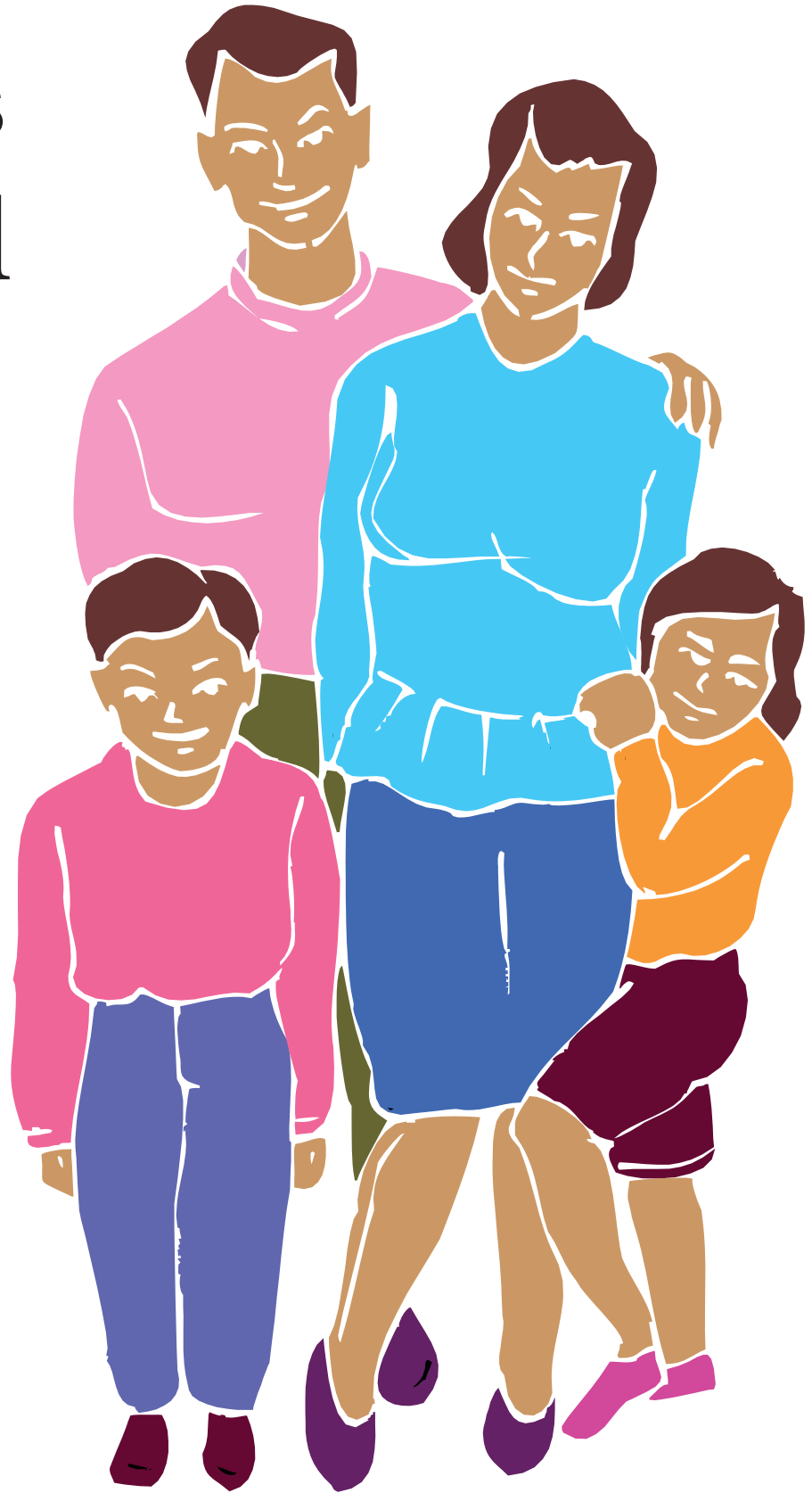
3. What talents do you
have with which you can
serve God?



IN THE RING

Ask God for an opportunity to serve Him in an area where you are weak.
Sign up in your church to serve in that area. If you are quiet, speak out more
this week. If you are loud, be quiet more this week.

God has
a special
plan for
your
future.



"For I know the plans I
have for you," declares
the Lord, "plans to
prosper you and not to
harm you, plans to give
you hope and a future."
Jeremiah 29:11

Champions Advanced
English



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