

# CRAFTS

## Unit 1 - Champions



### HEART OF LOVE

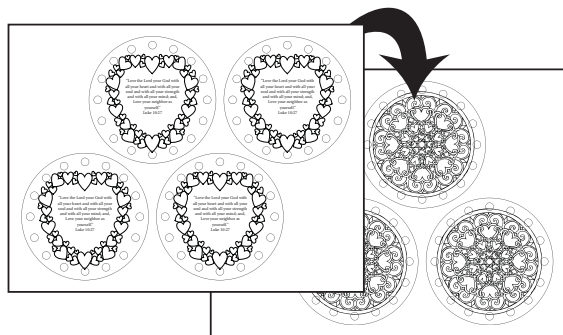
#### Materials:

- Paper or cardstock with the heart designs printed on both sides (1 heart-circle for each child)
- Curly ribbon (1 for each child)
- Optional: crayons, colored pencils, or fine point markers



#### Instructions:

1. Cut out the circle. Cut the holes around the circle using a hole punch.
2. Color the heart designs on both sides.
3. Thread the ribbon through the holes and tie a bow.



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## JOY SHAKER

### Materials:

- Small plastic cups (2 for each child)
- Spoonful of colored rice, sequins, or sand
- Joy sticker paper with Bible verse or regular strip of paper with Bible verse and glue

### Instructions:

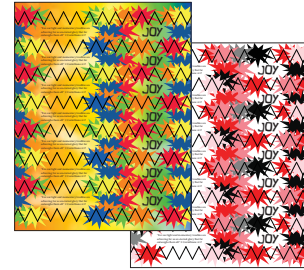
1. Place a spoonful of rice in one cup.
2. Place an empty cup upside down onto the first cup to close the shaker.
3. Working together with a friend, hold the cups together and attach the sticker around the middle and secure the cups together. If it is regular paper instead of a sticker, simply glue the points around the cups to hold the cups together.

Optional: Sing a song together using the shakers as rhythm instruments. Teach the students to hold them quietly until the appropriate time.



### Colored rice:

Stir 1 cup of uncooked rice, 2-3 drops of food coloring, and 1 or 2 tablespoons of rubbing alcohol together until the color is all over the rice. Spread the rice on a towel and let it dry completely.



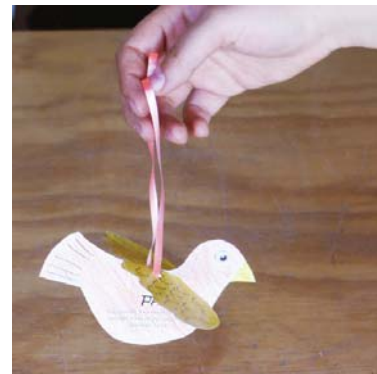
Choose between the full-color and less color patterns.

## PEACE DOVE

### Materials:

- Body of the dove (1 for each child)
- Dove wing pattern (1 for each child)
- Curly ribbon (1 for each child)
- Wiggly eye (1 for each child)

Optional: Crayons, markers, or colored pencils



### Instructions:

1. Color and cut out the body and wings of the dove. Do not forget to cut out the slots. Use a hole-punch to cut the hole in the body and the two holes in the wings. Write your name on the back of the body.
2. Glue the wiggly eye on the front of the body.
2. Slide the slot on top of the wings into the slot on the body. Optional: Glue the wings in place.
3. String the curly ribbon through the hole in one wing, the hole in the body, then the hole in the other wing. Tie the ends of the ribbon together to form a loop.

